

Swiss Guard



Athletic Program Sports Packet

St. Elizabeth Ann Seton
Catholic School

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PARENTS: PLEASE READ WITH YOUR CHILD AND RETURN PAGES 2-10.

DIOCESE OF FORT WORTH

SPORTS SIGN-UP FORM

I will participate in:

VOLLEYBALL: ___ will participate ___ will not participate
SOCCER ___ will participate ___ will not participate
BASKETBALL ___ will participate ___ will not participate
TRACK ___ will participate ___ will not participate
SOFTBALL (GIRLS) ___ will participate ___ will not participate
BASEBALL (BOYS) ___ will participate ___ will not participate
CHEERLEADING* ___ will participate ___ will not participate

*The fee for cheerleading is \$75.00. This fee is in addition to the sports fee if your child would also like to participate in any other sports.

=====

Name: _____

Waiver: _____

Age: _____

Physical Form: _____

Birth Date: _____

Grade: _____

Sports Fees

(Check One)

\$125.00 Sports Fee Only: _____

\$ 75.00 Cheerleading Fee Only: _____

\$200.00 Sports and Cheerleading _____

TOTAL Payment _____

Check # _____ Cash: _____

Date/Initial when rec'd:

Front Office: _____

Nurse: _____

Athl. Dept.: _____

Athl. Dept.: _____

Billing/IT: _____

Records: _____

THIS SIDE TO BE COMPLETED BY PHYSICIAN

Student's Name (PLEASE PRINT)

Relevant Health Information	Physical Assessment	Normal	Abnormal	Not Examined
Present Age: yrs. mos.	General Appearance			
Height (no shoes): inches (%)	Skin			
Weight (light clothing): lbs. oz. (%)	Head			
Hemoglobin or Hematocrit (opt):	Eyes:			
Urinalysis (opt):	1) Reflex Test			
	2) Cover Test			
Other:	Ears			
Blood Pressure:	Nose, Mouth, Pharynx, Teeth			
Pulse / Respiration:	Neck(lymphatic/thyroid)			
	Heart			
	Lungs			
	Abdomen (include hernias)			
	Genitalia			
	Orthopedic			
	Neurologic			

Explanation of Abnormal Findings: _____

IMMUNIZATION RECORD

month/day/year

Immunizations	Dose 1	Dose 2	Dose 3	Dose 4	Booster	Booster
DPT/DTaP/Td/DT (diphtheria, pertussis, tetanus)						
Polio (OPV/IPV)						
MMR/M (Measles, Mumps, Rubella)						
Hib CV (Haemophilus)						
Hepatitis B						
Varicella						
Hepatitis A						
PCV7						
Meningococcal Vaccine						

Tuberculin Skin Test; Date: _____ Result: _____ Chest X-ray; Date: _____ Result: _____

Hearing Screening at 25 dB	1 st screening		Hearing Screening at 25 dB	2 nd screening		1 st Vision Screening	2 nd Vision Screening
	R	L		R	L		
1000 Hz			1000 Hz			Distance Acuity: R-20/____ L-20/____	Distance Acuity: R-20/____ L-20/____
2000 Hz			2000 Hz			Pass _____ Refer _____	Pass _____ Refer _____
4000 Hz			4000 Hz			Fail _____	Fail _____
Date: _____			Date: _____			Signature: _____	Signature: _____

Scoliosis Screening: Pass _____ Fail _____ Refer _____ Comments: _____

Patient Health History, Findings and Recommendations: _____

Physical Activity: Restricted or Unrestricted (circle one) Explanation: _____

I have examined the child named on this form, and find that he/she is able to participate in the athletic programs of the school:

Date: _____ Signature: _____

(Stamped signature not accepted)

Please print physician's name and address: _____
(MD / DO or PA or RNP working under the direction of a licensed physician)

Diocesan Inter-Scholastic Sports Program Medical Consent
Emergency information for use by coaches

Grade: _____/Home room

Student Name: _____
Last First Middle

Address: _____ City _____ Zip _____

Mother's Name/Guardian: _____

Phone: (H) _____ (W) _____ (C) _____

Father's Name/Guardian: _____

Phone: (H) _____ (W) _____ (C) _____

In case of an Emergency in which the parents cannot be reached, please call:

Name	Relationship	Phone Number(s)
1.) _____	_____	_____
2.) _____	_____	_____
3.) _____	_____	_____

Has the child any drug/food/environmental/insect, etc. allergies:

Additional information or concerns that a coach needs to know regarding participation of your child in sports. (Such as asthma, cystic fibrosis, diabetes, heart conditions, etc.)

Would your child require medication during sports practice? If yes, for what condition and the name of the medication?

Does your child have any special requirements in order to participate in sports? (i.e. dental appliances, braces, contact lens, splints, etc.) _____

Family Physician _____ City _____ Phone _____

Hospital of choice _____ Insurance Co. _____

Date of last Tetanus shot: _____

If any emergency arises, the school will try to contact the student's parent/guardian. If neither parent nor guardian can be reached, I give permission to Dr. _____ to be wholly responsible for the care of my child. If the physician is unavailable in the event of a major emergency, the administration is directed to seek emergency care at the medical or hospital facility indicated above. I will be responsible for the payment of all expenses incurred.

Signature of Parent or Guardian Date: _____

**DIOCESE OF FORT WORTH
CATHOLICS SCHOOL SYSTEM**

**PARENT CONSENT
FOR INTERSCHOLASTIC SPORTS PROGRAM
RELEASE OF CLAIMS, AND INDEMNIFICATION**

(Elementary Schools in Tarrant County)

Students are eligible to participate in the Interscholastic Sports Program sponsored by the Schools of the Diocese of Fort Worth under the following conditions:

1. Students must maintain passing grades in all required subjects before being allowed to participate.
2. The students' file shall include the following information:
 - A. Evidence that he/she has had a complete physical examination each school year prior to the start of practice and to be renewed annually. (June to June)
 - B. A written statement by the parent/guardian either accepting or declining the student accident insurance coverage offered through the school.
 - C. The Parental Consent for Interscholastic Sports Program, Release of Claims, and Indemnification.

I, the parent/guardian of _____ hereinafter referred to as "My Child", realize that an Interscholastic Sports Program is beneficial both to the physical and emotion development of "My Child". I realize that "My Child" could be injured while playing in the Interscholastic Sports Program and that the Diocese of Fort Worth Catholic School system is not required to have the Interscholastic Sports Program. The diocese of Fort Worth Catholic School System allowing "My Child" to participate in the Interscholastic Sports Program is sufficient consideration for me entering the legal agreement contained herein and I acknowledge that the Dioceses of Fort Worth is relining on my agreement contained herein to allow "My Child" to participate in the Interscholastic Sports Program.

Therefore, in consideration for the Diocese of Fort Worth allowing "My Child" to participate in the interscholastic Sports Program, I hereby agree that "My Child", myself, and the other natural parent of "My Child" assume any and all risk for any injuries which "My Child" could or might sustain in the participation of any sport. I understand that there is always the possibility of an individual being injured in the sports program. Therefore, on behalf of myself, and the other natural parent of "My Child", I hereby release and discharge the Diocese of Fort Worth, its agents, servants, and employees, including but not limited to, all the Catholic School System, and all teachers, coaches, and parents participating in the Interscholastic Sports Program of and from any and all claims, demands, or causes of action arising out of or connected in any way with "My Child" participating in the Diocesan Interscholastic Sports Program.

Having made the above stated contract, I request and consent to "My Child" being permitted to participate in the Interscholastic Sports Program sponsored by the Schools of the Diocese of Fort Worth.

Name of Child: _____ Grade: _____

Emergency Numbers: HM: _____ Wrk: _____ Pager/Cellular: _____

Family Doctor: _____ Phone: _____

Parent/Guardian Signature: _____ Date: _____

DIOCESE OF FORT WORTH

ATHLETE'S CONTRACT

SCHOOL: _____

The purpose of the Fort Worth Diocesan Interscholastic Sports Program is to support and enhance the character development of each student through a sense of discipline, hard work, team effort, and the individual pursuit of excellence.

The following rules and expectations provide a structured framework within which each student-athlete agrees to participate.

ELIGIBILITY:

1. Students must maintain a passing status in all subjects, and meet the standards established by individual schools during the grade check process, in order to participate in Diocesan Interscholastic Sports Program.
2. Athletes must be on time for all practices and games, and must be picked up promptly (no later than 15 minutes) after each practice and game.
3. Athletes must supply their own transportation.

ATTENDANCE:

Athletes participating in a sport will be required to attend all scheduled games and practices. An athlete will only be excused with a written note from his/her parent to the Athletic Director/Sports Representative, or direct communication to the coach prior to the game or practice. Failure to do so could result in being benched in the next game.

- A. If an athlete is absent from school that day he/she will not be allowed to participate in the game or practice that same day.
- B. If an athlete does not participate in P.E. class, he/she will not be allowed to participate in the game or practice that same day.

DISCIPLINE:

1. All sports competitions (games, meets) will start with a prayer to be led by the coach.
2. Inappropriate or un-Christian behavior will not be tolerated. Such behavior as profanity or disrespect towards coaches, team members, officials or opponents may result in an athlete being dropped from the team.
3. Any disciplinary action will be determined by the coach and the Athletic Director/Sports Representative and communicated to the Principal.
4. Parents and other spectators displaying inappropriate behavior will be given a verbal warning.
5. If the inappropriate behavior continues, these spectators will be asked to leave immediately. If the spectators do not leave the gym the game will be called. The team with whom the spectator is associated will forfeit the game.

No Practice – No Play Policy

Dear Parents and Players,

For the past several years, our coaches and Athletic Department have worked diligently at making our players the best they can be. By gaining a greater commitment from our players and parents we will take our program “to the next level”. Before joining one of our sports teams, our students’ mindset should be that coming to practice and attending the games is their first extra-curricular activity. Out of respect for the coaches and players who are following through on their commitment, we will be instituting a “**no practice - no play**” policy. Additionally, in order to earn a varsity letter and to be recognized at the sports banquet, the athlete must attend 50% of all practices and games.

If a student misses a practice or a game due to an unexcused absence, they will not be added to the next game’s roster. They may come to the game, sit on the bench to cheer for their team, but they will not be allowed to play. We realize that there are legitimate reasons for missing an event such as, but not limited to: a death in the family/extended family, being out of school with an illness, (you shouldn’t come to practice that day), a scheduled school event or other reasons that would normally be considered an excused absence from school. Initially, the coach, along with the Athletic Department, has the final determination of whether a student should be allowed to participate.

At this time, the department has determined that it is acceptable for a player to miss a practice to attend another select practice within that sport. For example: If a boy is on a select soccer team, he may miss soccer practice occasionally to attend his select practice. The frequency of these excused absences has yet to be determined, so we will be working with the coaches for their input. We believe that since the parents are paying additional monies to have their child trained by a professional coach, then the child is receiving the necessary instruction to make our program stronger. Keep in mind that Mr. Lauffer or Mr. Boyd will confirm whether your child is involved with a select team or a recreational team. A student is also allowed to miss practice to attend another SEAS sporting activity. For example: A student may miss track practice because he/she is on the base/softball team, or miss volleyball practice because he is also on the football team.

The following are examples of unexcused absences: tutoring sessions, making up a test, dance recital, select soccer practice or a game during volleyball or baseball season, can’t find a ride, too much homework, etc.... these are not legitimate reasons for missing practice or a game. Each circumstance will be evaluated by the Athletic Department.

We believe this higher standard will build a stronger foundation for our Jr. High sports program, which, in turn, creates a more competitive team.

The Athletic Department

Student Signature

Date

Parent Signature

Date

UNIFORMS POLICY

Each player has a uniform for the sport. This jersey and/or shorts is the responsibility of each athlete.

SCHOOL POLICIES:

I _____ (player) on the _____ grade SEASCS - _____ team, agree to return uniform top # _____ and shorts _____ (size) in good, clean condition within 14 days of the last game to the school's Athletic department. The uniform should be returned in a clear plastic bag with the player's name/number written on bag. If the uniform is not returned on time or is damaged, I understand that \$65 will be added to my family school account.

=====

(PLEASE READ AND RETURN THIS SECTION)

I, _____, acknowledge and agree to obey all rules set for this sport season, and I understand that I may be dropped from this sports' program at any time for failure to observe the above rules.

(SIGNATURE OF ATHLETE)

(DATE)

(SIGNATURE OF PARENT/GUARDIAN)

(DATE)

Diocese of Fort Worth School Name

WAIVER OF LIABILITY

I, the parent/guardian of _____ (student name), hereby release, _____ (school name) and waive all responsibility on their part for any liability with respect to travel and/or sports participation for my child named above and/or any loss of property that may occur at such a time. This waiver and release extends to all practice sessions, travel to and from the activity, and participation in the activity, and shall release _____ (school name) from any liability except for gross or willful negligence with respect to an injury to the above student.

It is understood that sports activities and the necessary traveling activities can be dangerous and the parent is responsible for evaluating the child's fitness to participate in these activities and responsible for any and all insurance to cover this child's participation in these activities.

(Signature of Parent/Guardian)

(Date)

APPLICATION TO COACH

(PLEASE PRINT)

Name: _____ Home Phone:(____)_____ Work:(____)_____

Home Address: _____
(STREET) (CITY) (ZIP)

Do you have any children who are currently enrolled at this school? _____

If yes, please list grades: _____

What sport/sports are you interested in coaching? _____

Have you ever participated in this sport as a player and/or coach? _____

If yes, please list each organization: _____

Please explain why you would like to coach at this school: _____

Have you received training in the diocesan **“Safe Environment Program: Keeping Children, Youth and Vulnerable Adults Safe”**? Yes _____ No _____
If **Yes**, when and where _____ (Retraining is required every 3 years).
If **No**, you are required to receive the Safe Environment Program training prior to any coaching.

If I am selected as a coach or assistant coach, by signing this document, I agree that I will:

1. Foster and encourage the training and experience which will produce desirable habits as well as a Christian attitude in the athletes of this school.
2. Promote **good sportsmanship**, not only on my team, but on my opponents team as well.
3. Refer any problems to league officials rather than argue them out in the presence of the athletes, parents and spectators.
4. Accept responsibility of parent control at all games.
5. Abide by all rules and regulations as set forth by the Fort Worth Diocesan Interscholastic Sports Program.
6. Be responsible for all equipment assigned to my team.
7. If not the Athletic director, responsible to the Athletic Director.

(SIGNATURE)

(DATE)

(ATHLETIC DIRECTOR'S SIGNATURE)

(DATE)

Saint Elizabeth Ann Seton

SPORTS PROGRAM

The purpose of the sports program at St. Elizabeth Ann Seton is to support and enhance the character growth of each student through developing a sense of discipline, hard work, teamwork and the individual pursuit of excellence.

In that sense, the following rules of conduct and code of ethics was devised to provide a structured framework within which each student athlete is expected to behave and conform.

SPORTS: Students have the opportunity to participate in the following sports: Co-ed Volleyball, Co-ed Soccer, Girls' Basketball, Boys' Basketball, Girls' Track, Boys' Track, Girls' Softball and Boys' Baseball.

The number of teams representing SEAS will be based on student participation and available coaches.

WHO MAY PARTICIPATE: All 6th, 7th, and 8th grade students may participate in the Fort Worth Diocese Sports Program. Basketball is the only sport that fifth grade students may be used if a sixth grade team needs additional students.

FEES: The athletic fee is \$125.00 per student for the year. This must be paid when all diocesan forms are submitted at the beginning of the year.

ELIGIBILITY:

1. Students are required to maintain at least a 70% in each subject. A student is ineligible if any grade is 69% or lower. They cannot participate in any sports activity, (games or practices). Eligibility/ineligibility will be determined one week prior to the first game of each sport. Grades will then be Checked for eligibility every two weeks, at progress report time, and at report card time. Grades will be checked on Mondays. A student's ineligibility period will begin or end on a Tuesday.

Ineligibility: If at any time a student's grade falls below a 70%, they become ineligible to participate in any sports activity for a two-Week period. Students will be given a notice of ineligibility to give to parents. If in two weeks the student's grade is above 69%, they can resume participating in all activities. If it is not above 69% they will remain ineligible.

2. An annual sports physical must be completed and returned to the school. All students must have a completed and signed Diocese of Ft. Worth physical form before you can participate in practices or games. If your child had a physical after June 1, no new physical is necessary. -Please have your physician complete the Diocesan form.
3. **A player/parent agreement must be signed and returned prior to the beginning of each sport.**
4. If a player becomes a discipline problem during school hours or at the extra curricular activity, he/she may be asked to refrain from participation in the sport.
5. All students participating in and/or signed up for a sport will be required to attend all scheduled games and practices. A student will be excused only with a written notice from his/her parent/guardian to the Athletic Director or direct communication to the coach

prior to the game or practice. Failure to do so will result in disciplinary action according to the student/parent agreement for each sport

6. The coaches and Athletic Director will set scheduled practice times.
7. If a student is absent from school that day he/she will not be allowed to participate in the practice or game for that day.
8. All sports competitions (games, meets, etc.) will start with a prayer to be led by the coach. Some sport competitions will also end in a prayer led by the coach.

Any un-sportsmanlike or unchristian conduct will not be tolerated, such as:

- ◆ Profanity
 - ◆ Disruptive behavior toward the coach, team members, officials, and/or opponents.
10. Any disciplinary action during practice or competitions will be determined by the coach and the Athletic Director. The administration should be informed promptly. Repeated infractions will result in a conference between student, parent, coach, and administration.

DIOCESAN ATHLETIC ELIGIBILITY REQUIREMENTS

1. A player must attend the school he/she represents.
2. Prior to beginning practice a parental consent form must be submitted to the school for each player.
3. An eighth grader must not be 15 years old before September 1st of the current school year; a seventh grader must not be 14 years old before September 1st of the current school year; and a sixth grader must not be 13 years old before September 1st of the current school year.
4. With permission of the principal, fifth graders may play on a sixth grade team only if enough 6th graders will not be available. Fifth grade students may be added in order to make one team of fifth and sixth grade students. A fair and equal method must be used in determining which fifth grade students may play only on volleyball and basketball teams, i.e. names may be placed in a hat and randomly drawn.
5. Principals may declare a player ineligible for serious disciplinary reasons.
6. Physical Examination: According to diocesan policy any student who participates in the program must provide the school with evidence of a complete, satisfactory physical examination prior to the first practice for the current school year.
7. A Sports Calendar will be drawn up annually in the Spring for the following school year.
8. Academic Eligibility:
 - A. Student athletes must maintain a passing status in all subjects in order to participate in Diocesan Interscholastic Sports Program competition.
 - B. These minimum requirements will be used in conjunction with the standards established by individual schools.

DIOCESE OF FORT WORTH

SPORTS CALENDAR -- 2009-2010

Aug 17-21	Sign-up for Sports Program
Aug 26	Volleyball Coaches Meeting – Nolan Catholic High School 7pm
Aug 28	Last day to sign-up for volleyball
Aug 29	Sports Physicals (All Schools)—8:00 AM--NOON—UNT Health Science Bldg.
Sept 1	Volleyball practice begins – Sports forms and physicals must be completed to participate
Sept 4	Volleyball team rosters due – No late entries
Sept 16	Volleyball games begin (Wednesdays & Saturdays thru Oct.17)
Sept 18	Soccer sign-ups begin
Sept 21	Soccer rosters due – No late entries
Oct 5	Soccer practice begins (Season ends November 20)
Oct 19	Soccer games begin (Mondays – Thursdays; Thru Nov. 19)
Nov 6	Basketball rosters due – No late entries
Nov 11	Basketball Clinic—7:00 pm – Nolan Catholic High School
Nov 16	Basketball practice begins
Dec 1-19	Pre-season basketball tournaments during this time -TBA (parent sponsored)
Dec 5	SAT test date (suggested for athletes)
Dec 12	ACT test date (games will not be adjusted during basketball season)
Jan 9	Basketball games begin thru Feb 27 (some games on Friday)
Feb 1	Sign-ups begin
Feb 19	Track roster due – No late entries
Feb 23	Track practice beings
Mar 1	Softball/Baseball practice begins
Mar 1-15	Stephen Breen Basketball Tournament – St. Andrews (school sponsored)
Mar 22	Softball games begin (Mondays and Wednesdays, thru April 28)
Mar 23	Baseball games begin (Tuesdays and Thursdays, thru April 29)
Mar 27	Track Meet #1 – 9:30 am – Nolan Catholic High School
Apr 9	Track Meet #2- 5:30 pm – Nolan Catholic High School
April 18	Spirit games – St. Andrews
May 14	Sports Banquet – 6pm